In order to secure my project from being lost, I used three methods:

1. Compressing the file, every time I make new changes – so if I start a new task on the solution and it doesn’t work or cause an error/crush, I will always have a previous version without the new changes.
2. A second way was that I backed up everything to my google drive account, so that any changes made are saved. Two copies of each version.
3. Finally, I stored a copy of the compressed solution on a USB drive (every time changes are saved), in case I lost all the other backups/copies, I have this one secured.

During development, I made sure to press the save all button (in visual studio) so that I don’t miss any of the functions/methods/controls I added.